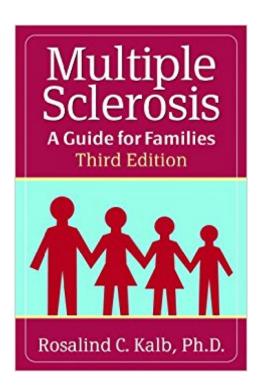


# The book was found

# Multiple Sclerosis: A Guide For Families





## **Synopsis**

Because most people who are diagnosed with MS are between the ages of 15-55 years, the disease has a significant impact, not only on the individual with the disease, but also on the family members and loved ones whose lives are interwoven with them. Families experiencing multiple sclerosis often find themselves in uncharted territory. Prior patterns of interacting with each other may no longer work roles often shift with dramatic emotional impact guilt, anger, sadness, and a sense of burden may create a barrier to intimacy, joy, growth, and family unity. There are ways out of this debilitating situation, and many families have restored their balance, humor, productivity and family solidarity. Multiple Sclerosis: A Guide for Families can lead the way for your family to strengthen its coping skills and to receive targeted information about the disease and its ramifications. This complete yet highly readable guide for families living with multiple sclerosis addresses these issues and more. Families must learn how to strike a reasonable balance between the interests and needs of its members, and to accommodate the limitations imposed by MS without allowing them to impact every aspect of family life. This is easier said than done, and extensive discussions consider how the basic goals of living with this chronic disease can be met."

## **Book Information**

Paperback: 222 pages

Publisher: Demos Health; 3rd edition (May 10, 2005)

Language: English

ISBN-10: 1932603107

ISBN-13: 978-1932603101

Product Dimensions: 6 x 0.8 x 9 inches

Shipping Weight: 1.1 pounds (View shipping rates and policies)

Average Customer Review: 3.5 out of 5 stars 6 customer reviews

Best Sellers Rank: #615,320 in Books (See Top 100 in Books) #75 inà Â Books > Health, Fitness

& Dieting > Diseases & Physical Ailments > Multiple Sclerosis #316 in A A Books > Health, Fitness

& Dieting > Diseases & Physical Ailments > Immune Systems #493 in A A Books > Health, Fitness

& Dieting > Diseases & Physical Ailments > Nervous System

## Customer Reviews

"...exceptionally reader-friendly...a good resource for professionals as well as lay readers...Each chapter provides excellent additional readings, and there is an appendix of recommended resources. I highly recommend this invaluable guide. "-- Inside MS"...This practical, complete, and

highly readable guide is must reading for anyone confronting this debilitating illness personally or in a loved one." -- The Bookwatch"...a complete, highly readable guide that addresses all of the issues multiple sclerosis brings to the family....essential, critically important reading for anyone with MS, their families and their friends." -- The Midwest Book Review"...will help MS sufferers and their loved ones prepare for the impact of MS, keep the lines of communication open, devise coping strategies, and give MS no more space in the household than it needs." -- PA Today (PA Today 20100503)

Dr. Rosalind Kalb, a clinical psychologist, is Director of the Professional Resource Center at the National Multiple Sclerosis Society in New York, where she develops and provides educational and consultation services to clinicians who care for people with MS. In her private clinical practice, she specializes in the needs of individuals and families living with chronic illness and disability. She serves on the editorial board of several publications, including the International Journal of MS Care.

SETS ANYONE DEALING WITH MS BACK! I was diagnosed a few years back and have read ALOT of information on MS. This book is pecimistic, to say the least. Any one newly diagnosed would be scared to death after reading this book! The info it puts forward would make patient doubt him/herself, and make the family want to lock up the MS victim. Maybe read this book after you read more positive and helpful books. This should not be at the top ANYONES reading list. It sounds like it was written by a burnt out caregiver whose patient was violent before Dx. HORRIBLE, SCARY info. Not to say some couldn't happen, but this book presents MS as something that turns you into an uncontrolable monster.

## Great book

Now in a newly updated and expanded third edition, Multiple Sclerosis: A Guide For Families by clinical psychologist Rosalind C. Kalb (Director of the Professional Resource Center, National Multiple Sclerosis Society, New York) is a thoroughly "user friendly" compendium of information, advice and resources for families having to deal with this debilitating and progressive disease. Of special note are two new chapter editions: "Planning for Possible Care Needs" and "Parenting A Child Or Teen with MS". Multiple Sclerosis: A Guide For Families draws upon specialists from the fields of neurology, general medicine, obstetrics and gynecology, psychology, social work, law, and people with MS. Enhanced with a comprehensive list of readings and resource, this is the primary resource most especially recommended for non-specialist general readers having to deal with MS

issues.

By addressing issues such as sex and emotions, Rosalind Kalb has made it possible for people to use this book as reference to discuss topics with their families and spouses that may be difficult. Not only was this book helpful for me, it aided my husband and family in understanding the challenges a person with MS faces on a daily basis, some of which may be undetectable to the human eye. This book provided my husband and family with a way to adapt to the new parts they would play in our relationships because of the MS.I recommend each person with MS hand this book to their family, friends and spouse, then quietly walk away.

Having recently been diagnosed with MS, this book was very informative. Everything from symptoms, family situations, insurance information, to emotional and physical issues, finances, and life planning information. I really recommend this book to anyone diagnosed, or anyone having a family member of friend diagnosed, with MS.

I received the book in the condition that was stated on the site!! Shipped promptly. Will use this seller in the future.

#### Download to continue reading...

Multiple Sclerosis - Diet for Recovery: The Multiple Sclerosis Autoimmune Disease Recovery Diet Guide for Beginners Multiple Sclerosis: Simple Changes to Help You Manage Your Multiple Sclerosis MULTIPLE SCLEROSIS: A Fresh Approach To Dealing With Multiple Sclerosis Multiple Sclerosis Many Stories Many Symptoms: A book written by people living with Multiple Sclerosis, about how they deal with the challenges they face. Multiple Sclerosis: A Guide for Families Optimal Health with Multiple Sclerosis: A Guide to Integrating Lifestyle, Alternative, and Conventional Medicine Dietary Supplements and Multiple Sclerosis: A Health Professional's Guide MS - Living Symptom Free: The True Story of an MS Patient: A Guide on How to Eat Properly and Live a Healthy Life while Controlling, Reducing, and Eliminating the Symptoms of Multiple Sclerosis The First Year: Multiple Sclerosis: An Essential Guide for the Newly Diagnosed Multiple Sclerosis: A Guide for the Newly Diagnosed: Fourth Edition Multiple Sclerosis: Recoverer's Guide - How to Get Rid of Your MS Heat Intolerance Overcoming Multiple Sclerosis: An Evidence-Based Guide to Recovery Healing Multiple Sclerosis: Diet, Detox & Nutritional Makeover for Total Recovery, New Revised Edition Stop Alzheimer's Now!: How to Prevent & Reverse Dementia, Parkinson's, ALS, Multiple Sclerosis & Other Neurodegenerative Disorders Herbs and Nutrients for Neurologic

Disorders: Treatment Strategies for Alzheimerââ ¬â,¢s, Parkinsonââ ¬â,¢s, Stroke, Multiple Sclerosis, Migraine, and Seizures What is a Probiotic, Probiotics against Obesity, Colon Cancer, Inflammatory Bowel Disease, Heart Disease, Multiple Sclerosis, Weight Loss, Cholesterol, Diabetes and Autism. Digestive Wellness Autoimmune: The Cause and The Cure (This book identifies the cause & the cure for: Chronic Fatigue Syndrome, Fibromyalgia, Lupus, Rheumatoid Arthritis, Raynaud's, Rosacea, Myasthenia Gravis, Hashimoto's, Type 2 Diabetes, Multiple Sclerosis, Sjogren's, and more) The Multiple Sclerosis Diet Book: A Low-Fat Diet for the Treatment of M.S., Revised and Expanded Edition Overcoming Multiple Sclerosis: The Evidence-Based 7 Step Recovery Program Multiple Sclerosis For Dummies

Contact Us

DMCA

Privacy

FAQ & Help